

## MAIN MENU

OUR MAIN MENU SERVED DAILY AT LA CAMPANIA ARUNDEL

### APPETIZER

ITALIAN OLIVES	£3.50
HOMEMADE ITALIAN BREAD	£3.00
BRUSCHETTA	£6.25
Finely chopped tomatoes, red onions and basil sprinkled over toasted Italian bread	
BRUSCHETTA ALL'NDUJA & MOZZARELLA	£6.95
So spreadable spicy sausage from Calabria in the south of Italy served with mozzarella on a slice of toasted bread	
PLAIN GARLIC BREAD	£3.50
GARLIC BREAD & MOZZARELLA	£4.00
GARLIC BREAD, MOZZARELLA & OLIVES	£4.40
GARLIC BREAD, MOZZARELLA & CHILLI	£4.40
GARLIC BREAD, MOZZARELLA & PEPPERONI	£4.75
GARLIC BREAD, MOZZARELLA & MUSHROOM WITH TRUFFLE OIL	£4.50

### ANTIPASTI/STARTERS

ANTIPASTO ITALIANO (FOR TWO)	£13.00
Finest selection of fine Italian cured meats, red sun dried tomatoes, artichokes and Italian bread.	

<b>PATE LA CAMPANIA</b>	£7.00
Chicken liver pate served with onion marmalade and garlic bread.	
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<b>NONNA'S MEATBALLS</b>	£7.50
Minced beef & pork meat balls served in rich tomato sauce.	
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<b>PAN FRIED SCALLOPS</b>	£10.50
Scallops wrapped in pancetta, pan fried, mint butter, lemon and green pea puree.	
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<b>LIME &amp; CHILLI SARDINES</b>	£7.50
Sardines marinated in fresh lime and chillies. Grilled with a hint of olive oil and garnishes with mixed leaves.	
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<b>COZZE ALLA CREMA</b>	£8.00
Fresh mussels served in a delicious white wine and garlic sauce.	
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<b>VERDURA MEDITERRANEA</b>	£7.30
Grilled Mediterranean Vegetables topped with crumbled goat's cheese on top finished off with a balsamic dressing.	
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<b>CAPRESE BANDIERA STYLE</b>	£6.25
A delicious tomato, buffalo mozzarella, red onion and avocado salad served with a basil e.v.o. oil dressing.	
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<b>ZUPPA DEL GIORNO</b>	£6.00
Could be anything.	
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<b>GAMBERONI SALTATI</b>	£9.50
Pan fried King prawns, served in a rich garlic butter and parsley sauce.	
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<b>BEEF CARPACCIO</b>	£10.95
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<b>PROSCIUTTO &amp; MELONE</b>	£8.25
Parma ham & melon	
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## PIZZA

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<b>MARGHERITA</b>	£8.00
Tomato, Mozzarella & fresh basil	
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<b>DON NICOLA</b>	£9.50
Mozzarella, Goats Docelatte Cheese & Cherry Tomatoes	
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<b>LA CAMPANIA</b>	£9.50
Tomato, Mozzarella, Artichokes, Mushrooms & Olives	
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<b>VEGANA</b>	£9.00
Tomato with Red Onions, Mushrooms & Artichokes	
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<b>PESCATORA</b>	£13.00
Tomato & Mozzarella with mixed Seafood and Garlic	
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<b>RUSTICA</b>	£12.00

Tomato, Chicken, Pancetta & Chorizo topped with Mozzarella

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**PICCANTE** £9.75

Tomato with Mozzarella & N'duha Calabrese ( spicy sausage from southern Italy )

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**PEPPERONI** £9.50

Classic Tomato with Mozzarella & Pepperoni

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**QUATTRO STAGIONI** £10.50

Artichokes, Tomatoes, Basil, Mushrooms, Ham, Mozzarella & Olives

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**FIorentINA** £11.50

Tomato, Mozzarella with Free range Egg & Spinach

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## MAIN SALADS

**SALMON & PRAWN SALAD** £14.50

Mixed Salad Leaves with a fillet of Salmon, Prawns, Sesame Seeds, extra virgin Olive Oil and Balsamic Vinegar

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**INSALATA DI POLLO** £13.95

Grilled Chicken fillet strips served on mixed Salad Leaves with a Balsamic Vinaigrette and Parmesan shavings

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**GOATS CHEESE SALAD** £13.50

Grilled Goats Cheese topped with Sesame Seeds served on a bed of mixed Salad Leaves with toasted pesto Croutons, Avocado and sprinkled with roasted pine nuts

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**VEGAN SALAD** £11.50

Mixed Leaves Salad with crunchy carrots, Artichokes, Olives, Pine nuts and a balsamic vinaigrette & olive oil

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## PRIMI PIATTI - PASTA OR RISOTTO

**LINGUINE ALLE VERDURE** £9.00

Linguine pasta cooked in e.v.o oil and garlic, served with fresh cherry tomatoes and Mediterranean vegetables

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**VEGETARIAN LASAGNA** £9.00

Layers of pasta with a classic Napoli tomato sauce, steamed vegetables finished with mozzarella and béchamel

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**LASAGNA AL FORNO** £10.50

Layers of pasta with Bolognese, béchamel & mozzarella cheese

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**LINGUINE VONGOLE** £13.50

Linguine Pasta with fresh Clams, cooked in a chilli, garlic and e.v.o oil

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**LINGUINE POLPA DI GRANCHIO** £14.00

Linguine pasta with crab meat, cherry tomatoes, dill, olive oil and chilli, finished with rocket salad

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**TAGLIATELLE MEATBALLS** £14.00

Tagliatelle pasta served with beef and pork meatballs in a rich Napoli sauce

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**TAGLIATELLE ALL'NDUJA CALABRESE & RICOTTA** £11.50

Tagliatelle pasta with melted soft spicy sausage from Calabria, with a hint of tomato sauce - finished with fresh ricotta crumbled on top

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**TAGLIATELLE LA CAMPANIA** £13.00

Tagliatelle pasta with prawns, cherry tomatoes, red onions, garlic olive oil and fresh parsley

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**PENNE ALFONSI** £10.00

Penne pasta served with fillets of chicken in a creamy peppercorn sauce

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**PENNE ALL'ARRABBIATA** £8.50

Penne pasta served with fresh tomatoes and chilli

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**SPAGHETTI BOLOGNESE** £10.50

Spaghetti pasta with tomato sauce, minced beef and Italian herbs

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**SPAGHETTI CARBONARA** £9.50

Spaghetti pasta with Italian Pancetta, eggs and Parmesan cheese

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**SPAGHETTI OR RISOTTO MARINARA** £13.50

Pasta or risotto served with fresh mussels, calamari, salmon and prawns in a creamy white sauce with a hint of tomato

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**RISOTTO GAMBERI E SALMONE** £13.50

Italian rice served with prawns, smoked salmon in a leek and tarragon creamy white wine sauce

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**RISOTTO FUNGHI** £13.50

Italian Risotto with wild mushrooms in a creamy white wine sauce

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**PENNE / RISOTTO LUCIA** £11.00

Pasta or Risotto served in a cream tomatoes sauce with fillets of chicken, chorizo and mushroom

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**CANNELLONI RICOTTA E SPINACI** £11.00

Rolls of pasta filled with ricotta cheese and spinach, baked in a tomato sauce and topped with mozzarella

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**PARMIGIANA DI MELANZANE AL FORNO** £9.50

Layered aubergine, mozzarella and Parmesan, oven baked in a tomato sauce

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## SECONDI DI MARE

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**SEABASS ALL PIZZIOLA** £17.00

Two fillets of seabass, served with rocket, roasted potatoes and tomato Pizzaiola sauce

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**SEA BREAM ALLA MEDITERRANEA** £17.00

Grilled whole sea bream, lightly marinated with lemon and rosemary, served with Mediterranean vegetables and roasted new potatoes

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**TRIO OF FISH** £19.00

Grilled salmon, seabass and king prawns with a white wine creamy sauce, dauphinoise potatoes and rocket

SALMON ALL CREMA £17.50

Grilled fillet of salmon, served on a bed of rocket and dressed with a light dill sauce, garnished with dauphinoise potatoes

COZZE PICCANTI Starter - £8.00

Main - £14.00

Mussels served in a rich tomato and white wine, chilli and garlic sauce

## SECONDI DI CARNE

PORK BELLY £14.50

Slow cooked pork belly with red wine, sea salted crackling, apple sauce, red cabbage and roasted new potatoes

POLLO MILANESE £13.50

Thinly cut chicken breast coated with breadcrumbs and served with spaghetti Napoli

POLLO SALVATORE £16.50

Chicken breast stuffed with basil pesto, mozzarella, wrapped in Parma ham and served with Napoli sauce and roasted new potatoes

POLLO VALDOSTANA £15.25

Bread crumbed chicken breast topped with white wine and tomatoes sauce, baked with mozzarella and parma ham, served with roasted new potatoes and a hint of rosemary and garlic

POLLO FUNGHI £16.50

Chicken breast with a creamy wild mushroom and Marsala wine sauce served with Dauphinoise potatoes and Mediterranean vegetables

8OZ (APPROX) RIBEYE STEAK £19.50

Grilled ribeye steak cooked to your liking and served with roasted new potatoes with a hint of rosemary and rocket & Parmesan shavings

8OZ (APPROX) FILLET STEAK £22.50

Grilled fillet of steak cooked to your liking and served with roasted new potatoes with a hint of rosemary and rocket & Parmesan shavings

BISTECCA FLORENTINA ( APPROX 14OZ ) £28.00

T-Bone steak cooked to your liking, served with roasted new potatoes and mixed leaves salad

ADDITIONAL SAUCE £2.50

- GARLIC & BUTTER
- PEPPERCORN
- DOLCELATTE CHEESE
- MUSHROOMS

## SIDES

MEDITERRANEAN VEGETABLES £3.50

DAUPHINOISE POTATOES £3.50

ROASTED NEW POTATOES £3.50

Served with rosemary

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MIXED OR GREEN SALAD

£3.50

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CHERRY TOMATOES / RED ONION SALAD

£3.50

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